



Intrepid's Fiji Explorer is a fabulous adventure introducing the major highlights of the country. Visiting the highlands of Vitu Levu, exploring the beautiful Coral Coast, discovering the colonial and cosmopolitan capital of Suva, island hopping through the spectacular Yasawa chain and mingling with some of the world's friendliest locals, you will truly have a real life experience.

For further information about this Fiji trip or any other trip that Intrepid runs please check out their website at [www.intrepidtravel.com](http://www.intrepidtravel.com) Call Intrepid on 1300 360 887 or email: [info@intrepidtravel.com](mailto:info@intrepidtravel.com)

**Raffle Tickets only \$5.00 each or a book of 10 for \$40.00**

(see back cover for purchase details of raffle books and ball tickets)

## Welcome to Arrow's newest member

Congratulations Annabel on the birth of your gorgeous son, Robert John Hirst Horne



Born on 5th January 2006 at 10.20am, weighing 3.7 kilos and 52cm in length, Robbie is the first grandchild in the family.

Robbie (pictured) is a proud supporter of England in the World Cup and even at this early age owns his own World Cup full gear kit.

His mother, Annabel, who is currently on maternity leave, was St Vincent Hospital's Bone Marrow Transplant Co-ordinator.



## Look Good...Feel Better - a cosmetic industry community service program Helping Women Face Cancer with Confidence

Look Good...Feel Better is a free national community service program dedicated to teaching women cancer patients - through hands on experience - techniques to help restore their appearance and self image during chemotherapy and radiation treatment.

The program was founded and developed by the Cosmetic, Toiletry and Fragrance Association (CTFA) in May 1990 and it is administered through the registered charitable organisation, the Cancer Patients Foundation Ltd.

Workshops are completely free of charge and available to women undergoing or about to undergo chemotherapy and/or radiotherapy treatment for cancer.

In a relaxed and friendly workshop environment the women are shown how to manage the changes that may occur to their skin, hair and general appearance as a result of their treatment.

To book into a workshop at St Vincent's Hospital, please contact Trish Peterson SVH Co-ordinator of the program on 8382 2344. For information on a LG...FB workshop close to you, please call Freecall helpline 1800 650 960 or visit their website [www.lgfb.org.au](http://www.lgfb.org.au)

The workshops last for approximately two hours and the women attending are welcome to bring a friend or relative. Complimentary skin care and makeup is provided for all ladies attending the workshops.

### Volunteers

The Look Good...Feel Better program cannot function without the support of its volunteers. All volunteers for Look Good...Feel Better are trained and certified prior to their participation in the workshops. Currently over 1200 volunteers assist the program.

They include beauty therapists, cosmeticians, and hairdressers etc. who give their time freely to assist at workshops on their days off or take time off from their work.

The workshops are lots of fun and very rewarding as the women begin to relax and experiment with make-up, and try on

different wigs and hats.

**Halyna Schan, currently the Secretary of The Arrow Bone Marrow Transplant Foundation, attended her last LG...FB workshop on Tuesday 16th May 2006 at SVH, with Marie Gai as the Program Facilitator and Trish Peterson, Social Worker and SVH Co-ordinator.**

**Halyna has been a volunteer of the LG...FB program at SVH since 1992. Thank you Halyna for your enthusiasm and commitment over the last 15 years.**

**It was a pleasure to be a part of this LG...FB workshop and to see the care and dedication of the volunteers with the lovely group of ladies in attendance.**

**Jane and Robyn (Arrow)**

To make an appointment to visit Arrow's Tracey Scone Wig Library call (02) 8382 2698 or for more information visit [www.arrow.org.au](http://www.arrow.org.au)

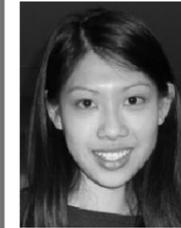
If you wish further information about LG...FB at St Vincent's Hospital please contact Trish Peterson on (02) 8382 2344 Arrow is proud to be a supporter of the LG...FB program at SVH

# Arrow-Hawkesbury Canoe Classic (HCC) Scholarship Recipients 2006

The Arrow HCC PhD Research Scholarships for 2006 have been awarded. Each year applications are invited from PhD students conducting their research project in the field of leukaemia and bone marrow or stem cell transplantation.

In 2006, Arrow, with the generous support of the HCC, is continuing funding for three existing scholarship recipients plus two additional applicants who begin their PhD research this year.

Melissa Khoo



Melissa is in the third year of her PhD research project the focus of which is to optimise and analyse the conversion of human adult bone marrow stem cells (BMSCs) into dopamine-producing neurons, as a potential therapy for Parkinson's Disease. BMSCs will be stimulated with a combination of growth factors and the resulting neuronal-like cells will be examined to detect changes in cell morphology, gene expression and protein expression. Additionally, BMSCs will be transplanted into the brain of Parkinson's Disease animal models to investigate the function and potential of these cells to alleviate the behavioural deficits of Parkinsonian animals.

To Ha Loi



To Ha Loi is in the fourth year of her PhD research. The primary focus of her PhD project is to use cutting edge microarray technology to investigate a number of haematological diseases such as lymphoma and leukaemia. Microarray technology enables the detection of the expression status (whether a gene is switched on or off) of tens of thousands of genes simultaneously in the malignancy being studied. It is anticipated that this approach may provide clinicians with new information for faster, more accurate diagnoses.

Naveed Khan



Naveed is in the third year of his PhD research project which focuses on childhood leukaemia. Pre-B cell leukaemia is one of the most common forms of malignancy in children. Naveed intends to study the Wnt signalling pathway in leukaemic pre-B cells. The basic hypothesis is that Wnt family members play important roles in the growth of leukaemic pre-B cells and that antagonising these interactions will be of important therapeutic benefit in treatment of leukaemias.

Dr Dipti Talaulikar



Dr Talaulikar is currently working as an ANU Medical Fellow in the Department of Haematology at The Canberra Hospital. Dr Talaulikar was granted an Australian Postgraduate Award in 2006 for her research project titled 'Occult marrow involvement in Diffuse Large B-cell Lymphoma: incidence and prognostic value'. Diffuse large B-cell Lymphoma (DLBCL) is the most common type of lymphoid tumour worldwide, and is characterized by a large cell size, an aggressive clinical course and the need for highly effective chemotherapy regimens. This study aims to look at the role of ancillary investigations like flow cytometry, immunohistochemistry and molecular techniques on bone marrow biopsy to establish low-level involvement, and to determine whether that has an impact on prognosis.

Megha Rajasekhar



Megha Rajasekhar has recently completed undergraduate studies at the University of Sydney and was awarded the Bachelor of Science (Molecular Biology) Honours. Her thesis, titled 'MicroRNAs and their role in haemopoietic differentiation', was awarded Class 1 Honours. Megha proposes to examine the cellular targets of MicroRNAs by comparing differences in the protein profiles of cells before and after certain development stages. Since the ultimate aim is to study human blood disorders, the PhD project proposal aims to address important questions that are of great importance to our understanding of blood cell development and how that process is perturbed in leukaemia. Once garnered, this information may lead to future opportunities for potentially-rapid therapeutic interventions.



Arrow would like to thank the HCC for their generous ongoing support.

The Classic turns 30 - 28 & 29 October 2006

See [www.canoeclassic.asn.au](http://www.canoeclassic.asn.au) for more information on this fabulous event